

Applications In Recreation Leisure For Today And The Future

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Applications in Recreation & Leisure - Kathleen A. Cordes 2013

This 4th Edition provides a contemporary examination of leisure issues from philosophical, psychological, and sociological perspectives. In examining leisure and recreation as human rights for all individuals, this text serves as a catalyst for critical thinking by students while providing a broad understanding of the different philosophies of the various providers of leisure services.

[The Economics of Recreation, Leisure and Tourism](#) - Both Faculty of Leisure and Tourism John Tribe 2006-08-11

Now in its third successful edition, *The Economics of Leisure and Tourism* has been fully revised and updated to cover all the latest issues and changes, and more. Essentially a real world text in applied economics, it explains the necessary economic theories from first principles and applies them to a range of leisure and tourism problems and issues at the consumer, business, national and international level. Key themes discussed are: * How is the provision of leisure and tourism determined and could it be provided in a different way? * What are the key opportunities and threats facing leisure and tourism & environmental impacts? * How can economics be used to manage leisure and tourism? International in its outlook, this text uses examples from Brazil, China, India and Japan, as well as Europe, North America and Australia. With an accompanying website with links and Powerpoint resources for lecturers, this new edition provides: * New chapters on regeneration, tourism as an economic development strategy, globalisation and ppolitical economy of tourism. * Introduction of dependency theory and development economics theories * Liberal use of press cuttings, journal articles and international case studies * User friendly learning features such as: visual mapping of chapter contents, chapter objectives, summaries of key points' short answer questions.

Introduction to Recreation and Leisure - Human Kinetics (Organization) 2013

Introduction to Recreation and Leisure, Second Edition, is a textbook designed for an initial undergraduate course in a recreation and leisure program. With its 21st-century views of recreation and leisure services, it incorporates indicators for future directions in the field and presents international perspectives as well as career opportunities in recreation and leisure. A new web resource is included.

Therapeutic Recreation Leadership and Programming - Robin A. Kunstler 2010-06-14

Therapeutic Recreation Leadership and Programming will help students learn the essential aspects of professional practice while developing a leadership mind-set. The book focuses on the day-to-day responsibilities of the therapeutic recreation specialist (TRS) while integrating ethical considerations into each aspect of the job. Readers will learn how to perform the daily work of a TRS while maintaining the highest ethical standards of the profession. The book details · the principles, theories, and codes of ethics that will form the foundation of specialists' understanding of the field and set the stage for practice; · the knowledge, skills, and leadership principles that TRSs will need in order to help their clients accomplish therapeutic outcomes; · strategies that will guide TRSs in planning a wide range of programs and services, including information on frequently encountered health problems, major program areas, facilitation strategies, and client and program evaluation; and · methods for program organization and delivery that will prepare specialists to offer a regular schedule of therapeutic recreation programs that meet the needs of all of their clients, whether in group or individual settings. The book will arm students with the information and tools they need in order to succeed as therapeutic recreation specialists. It familiarizes students with their future clients by describing the health concerns most often encountered in therapeutic settings. Case studies for the most common concerns provide students with concrete examples of how programming works in various clinical settings. The book also

provides specific recreation activities from five major program areas, along with information on the effectiveness of the activities, risk management concerns, and implementation strategies. Step-by-step instructions for structuring, planning, and leading both group and one-on-one sessions will prepare students to implement programs in a wide variety of settings. Stories from professionals in the field, examples of real and hypothetical clients, and case studies show students how to use the principles they've learned when leading programs. Learning activities help them to further explore the concepts in each chapter, and highlight boxes emphasize key ideas related to each chapter's content. An instructor guide is available to course adopters at www.HumanKinetics.com/TherapeuticRecreationLeadershipandProgramming.

The Serious Leisure Perspective - Sam Elkington 2014-07-17

The "Serious Leisure Perspective" (SLP) is a theoretical framework that can help us understand the complexities of modern leisure as both an activity and an experience. Bringing together the study of serious leisure, casual leisure and project-based leisure, it is an essential component of the Leisure Studies curriculum and an invaluable tool for exploring the significance of leisure in contemporary society. This book is the first of offer a comprehensive introduction to the Serious Leisure Perspective, from fundamental principles and key concepts to in-depth and wide-ranging case studies of serious leisure pursuits. The book introduces the history of the SLP and its position alongside other social theories that attempt to explain the nature and function of leisure. It explores important themes such as consumption, gender relations, social capital and quality of life, and delves deeply into the leisure of amateurs, hobbyists, career volunteers and occupational devotees. Every chapter includes a range of useful pedagogical features, such as review questions and group exercises, to help the student to grasp the importance of understanding leisure as a way of understanding contemporary social life and society. Combining cutting-edge theory and method with an engaging and practical interface, this is an essential text for all Leisure Studies courses and illuminating reading for any student working in Tourism, Events, Sport, Recreation, Sociology or Cultural Studies.

Fundamentals of Leisure Business Success - William Winston 1998-07-17

Easy to read and conducive to discussion, *Fundamentals of Leisure Business Success: A Manager's Guide to Achieving Success in the Leisure and Recreation Industry* takes a practical, upbeat look at the worlds largest industry--leisure and recreation--and gives you practical tips and surefire strategies for making your own profit or nonprofit leisure

The Geography of Recreation and Leisure - Isobel Cosgrove 2015-12-22

Originally published in 1972, this book discusses changing attitudes to work and leisure and patterns of leisure activity, asking if recreation, as an economic activity, a distinctive spatial expression. It examines characteristics of spa towns and coastal resorts in the nineteenth century as well as provision of leisure amenities in urban and rural areas of contemporary Britain and the changing levels of demand for and supply of recreation in North America.

The Economics of Recreation, Leisure and Tourism - John Tribe 2020-04-01

One of the leading texts in the field, *The Economics of Recreation, Leisure and Tourism* is the ideal introduction to the fundamentals of economics in these industries, helping you to enjoy and pass an economics module as part of tourism, recreation, events or sport management degrees. International in its outlook, it will equip you with vital skills and knowledge for your future career as well as critical skills to help you understand and help tackle crucial challenges facing the world. It is written in a clear and engaging style that assumes no prior

knowledge of economics. It applies economic theory to a range of tourism industry issues at the consumer, business, national and international level by using topical examples to give the theory real-world context. This book is richly illustrated with diagrams and contains a range of features such as international case studies showcasing current issues, review questions and extracts from journals to aid understanding and further knowledge, as well as new data and statistics. It concludes with a powerful critique of traditional economics and a set of twenty-one issues that demand action. This sixth edition has been revised and updated to include: recent and time series international economic data to provide a sense of the dynamics of world economies topical analysis to aid decision making for industry, governments and pressure groups a renewed emphasis on environmental and climate change issues new and revised international case studies that demonstrate theoretical principles of economics as applied to the sector a companion website with PowerPoint slides.

City of Play - Rodrigo Pérez de Arce 2018-05-31

City of Play shows how play is built into the very fabric of the modern city. From playgrounds to theme parks, skittle alleys to swimming pools, to the countless uncontrolled spaces which the urban habitat affords - play is by no means just a childhood affair. A myriad essentially unproductive playful pursuits have, through time, modelled the modern city and landscape. Architect and scholar Rodrigo Pérez de Arce's erudite, original, and often surprising study explores a curiously neglected dimension of architectural design and practice: ludic space. It is an architectural history of the playground - from the hippodrome to the Situationist city - of space released from productive ends in the pursuit of leisure. But this is more than just a book about how architecture has incorporated play into its spaces and structures, it is a history of the modern city itself. The ludic imagination impregnated modernist ideals, and what begins with the playground ends with a re-consideration of the whole sweep of the modern movement through the filter of leisure and play. Because play is such a basic or fundamental human experience, the book re-grounds the architect's concerns with those of non-architects - and not only those of adults but also of children. It seeks to give everyone - architects and other ordinary city-dwellers alike - a better understanding about what is at stake in the making of the public spaces of our cities.

The Politics of Leisure - Rudy Dunlap 2021-11-25

This book explores entanglements between politics and leisure, ranging from the electorate's concerns with public recreation resources, to the presence of politics in casual conversation, and to the use of leisure as a means of preserving racial hierarchies in society. In noting the contributions of past scholarship, it also points toward a trend of increasingly political leisure research, where research helps to unpack the multiple ways in which power suffuses the experience of leisure. A contrast between 'being political', on one hand, and the tribal politicization that characterizes much of contemporary social life, on the other hand, demonstrates that scholars and educators can and should be engaged in politically-oriented scholarship, while also building a more diverse and intellectually productive academy. This edited volume will be of great interest to researchers and scholars interested in race, power, polarization, and the interrelationship between politics and leisure. The chapters in this book were originally published as a special issue of the journal Leisure Sciences.

Mastering the Job Search Process in Recreation and Leisure Services - Craig Ross 2011-04-18

Mastering the Job Search Process in Recreation and Leisure Services, Second Edition, is a practical guide full of tools and advice for recreation and leisure service professionals. This book simplifies the process of securing a job in recreation and leisure service by explaining every step from both an employer's and applicant's point of view. Based on years of experience in the hiring process, this book reflects research conducted with over one thousand recreation and leisure services practitioners involved in the job search process. The book includes their advice as well as secrets to success.

Trends in Outdoor Recreation, Leisure, and Tourism - William C. Gartner 2000

This book focuses on the issues and trends in outdoor, 'nature-based' recreation, leisure and tourism and explores the implications for public policy, planning, management and marketing. It is intended as supplementary reading for advanced students and is a useful reference tool.

Leisure Management - Ian Cooper 1998

The World Leisure and Recreation Association (WLRA) held its fourth

World Congress in Cardiff, Wales, in July 1996. The overall theme was Leisure and the Quality of Life In the 21st Century. At the congress, the Management Commission, the newest of WLRA's Commissions, attracted 78 papers in the management and access theme, from 16 countries. This book presents edited and revised versions of 18 of the most significant papers from the management section of the congress. The papers are diverse in topic, focus, and geography, but demonstrate the vigor and developing nature of management studies in leisure, both of an applied and theoretical nature. Two themes in particular are developed: issues, such as access to leisure services, pressures of visitor numbers on rural areas, and contracting out of services to the private sector; and applications of different theories and approaches to managing leisure resources and customers. Case study material is presented from locations as diverse as Australia, Brazil, Canada, Spain and the UK. Overall, the book will be invaluable as supplementary reading for students of leisure studies and for lecturers, researchers and practitioners in leisure management.

Understanding Leisure - Les Haywood 2019-04-25

First published in 1989. Understanding Leisure is a readable introductory analysis of the key elements in the study of leisure. This includes leisure concepts and dimensions of leisure, its activity forms, participants, provision, and leisure futures, leisure and social theory. A collaborative work of six authors, Understanding Leisure is a textbook which introduces the reader to the interrelated dimensions of leisure in contemporary society and aims to provide them with guidelines for further study. Exercises and discussion topics are included at the end of each chapter to enable the reader to apply general theory to particular examples. The text contains seven chapters covering all aspects of the study of leisure. Starting with a critical evaluation of different concepts of leisure it progresses through an analysis of the relationship between leisure both to play and work and the diverse forms of leisure such as recreation, hobbies, crafts and education. There then follows a perspective on leisure participation, an analysis of the spatial dimensions of leisure and how relative land values can affect access to leisure. The historical context of leisure provision and the changing relationship between public and private sector is then examined which provides insights into the future of leisure, based on forecasts and theories of social change. The book ends with a discussion of how contemporary social theory contributes to an understanding of leisure. Understanding Leisure will be valuable reading for undergraduate degree courses in Leisure Studies. It will also be useful background reading for post graduate study in Leisure and Recreational Management and Tourism as well as for leisure professionals in both the commercial and public sectors.

Management Science Applications to Leisure-time Operations - Shaul P. Ladany 1975

Creative Management in Recreation, Parks, and Leisure Services - Richard G. Kraus 1986

Leadership in Recreation and Leisure Services - Timothy S. O'Connell 2018-10-30

Leadership in Recreation and Leisure Services presents cutting-edge guidance and helps students apply their newfound knowledge as they prepare to enter the rapidly changing leisure services field. This text presents fresh insights on leadership from the most prominent voices in the field today. The contributors present a comprehensive look at modern leadership, identify the challenges future leaders will face, and reveal how future leaders can best prepare to meet those challenges. Leadership in Recreation and Leisure Services provides • a detailed look at the collaborative approach to leadership in leisure services that represents a new direction in the field; • insight into classical leadership as well as innovative and modern leadership theory and best practices; and • an understanding of the roles and functions students will fulfill as they enter the profession. The material, designed for undergraduate recreation and leisure services leadership courses, is presented in three parts. Part I explores personal leadership issues, including communication skills, negotiation strategies, and leadership styles. Part II delves into professional leadership, examining topics such as group dynamics, supervision practices, and team leadership. Part III explores organizational leadership, including internal and external leadership and professional development. The authors present new theories of leadership from research in the field of recreation and leisure. Several learning aids—including chapter-opening scenarios, key terms, glossary, references, and chapter-ending questions for reflection and

discussion—appear throughout the text. In addition, each chapter features a Leisure Leaders sidebar that profiles a leader in the field who addresses preparation for the job, a peek at day-to-day work, and advice for aspiring leaders. And a Best Practices sidebar showcases an organization whose innovative leadership has led to positive organizational outcomes. Leadership in Recreation and Leisure Services helps students understand the range of leadership skills they need to develop for successful careers.

Managing Environments for Leisure and Recreation - Richard Broadhurst 2002-09-26

Can we balance the needs of the host, the environment and the visitor? Most people live for their leisure, recreation and travel opportunities. Managing Environments for Leisure and Recreation seeks to bring together the different strands of thought that inform the management of settings, for leisure and recreation. The text shows how a positive difference can be made to such activities, by taking a balanced approach in managing for the environment and for people, both now, and into the future. Managing Environments for Leisure and Recreation urges managers to balance the need for a systematic approach, with the need for a systemic development of an environmental management ethic. It is highly illustrated with over 50 line drawings and includes many case studies from around the world.

Leisure and Aging - Heather Julie Gibson 2012

The number and percent of older people in developed countries continue to grow, thanks to medical advances and decreases in fertility and mortality rates. And that means that tomorrow's recreation and leisure professionals will be more challenged than ever to meet the needs of an increasingly older culturally diverse population. Leisure and Aging: Theory and Practice provides students and professionals with a balanced perspective of current knowledge as it presents cutting-edge research from the fields of both gerontology and leisure studies. Written by authors from various disciplines who represent an international who's-who in leisure and aging research, this text - explores theories in leisure and aging; - bridges the gap between research and application, arming professionals with tools to navigate diverse cultures; and - offers insight into delivery of leisure services in older adult communities and long-term care environments. Each chapter features learning objectives, study questions, case studies, exercises, and relevant readings. The book is supplemented by online ancillaries, including an instructor guide, test package, and a presentation package with photos, illustrations, and tables from the text. Together, the text and online ancillaries help students connect theories and practice as they prepare for future roles in their chosen fields. Leisure and Aging is presented in five sections. Part I introduces global perspectives on leisure and aging, while part II examines the relevance of leisure in an aging context. Part III explores the effects of aging on physical, psychological, social, and spiritual well-being and health. Parts IV and V delve into the role of community in aging and leisure and long-term care and leisure. Written for undergraduate students, professors, and professionals in recreation, leisure, gerontology, and aging, Leisure and Aging provides a wealth of knowledge on various aspects of life for older people and the role of leisure in their lives. The text helps students think critically about a phase of life that seems remote from their own and provides perspective to their understanding of aging and leisure.

Contemporary Issues in Leisure Sciences - Diana Parry 2019-11-30

Celebrating the 40th anniversary of the Leisure Sciences journal, this book focuses on where it and leisure sciences (as a field) started and what the future might hold for both. The foremost scholars in our field dialogue, debate, critique, and reflect on leisure studies' progress and future. Authors consider and write about the key issues and controversies of the field, developments we should be celebrating, and directions of study we should be pursuing. Scholars also consider research gaps that exist in leisure research, issues we should be thinking about, and where we are now in relation to where previous projections expected. Topics in this book include: race, ethnicity, immigration, and leisure; 'risky' leisure research; critical leisure studies; leisure and social isolation; radical leisure; and post-qualitative radical ontology. The chapters were originally published as a special issue of Leisure Sciences.

Foodservice Operations and Management: Concepts and Applications - Karen Eich Drummond 2021-08-16

Foodservice Operations & Management: Concepts and Applications is written for Nutrition and Dietetics students in undergraduate programs to provide the knowledge and learning activities required by ACEND's 2017 Standards in the following areas: • Management theories and business principles required to deliver programs and services. •

Continuous quality management of food and nutrition services. • Food science and food systems, environmental sustainability, techniques of food preparation and development and modification and evaluation of recipes, menus, and food products acceptable to diverse populations. (ACEND Accreditation Standards for Nutrition and Dietetics Didactic Programs, 2017) The textbook can also be used to meet the competencies in Unit 3 (Food Systems Management) and Unit 5 (Leadership, Business, Management, and Organization) in the Future Education Model for both bachelor's and graduate degree programs. Whatever Happened to the Leisure Society? - A. J. Veal 2018-08-27

The idea of a 'leisure society' was in its heyday in the 1960s and 1970s, when it was predicted that the pattern of falling working hours which had been experienced in Western societies in the first half of the twentieth century would continue indefinitely. The leisure society has clearly not been realised. On the contrary: contemporary industrial societies seem to be characterised by a shortage of time, experienced as 'time squeeze' and stress. The leisure society idea can be seen as the modern version of the age-old dream of a 'life of ease and plenty'. This analytically and empirically rich book traces the idea in history, through biblical, classical Greek, medieval and nineteenth century utopian writings and into twentieth century concerns with dystopia and the impact of rapid technological change. The 'leisure society' concept turns out to have been an elusive and short-lived phenomenon. For a variety of reasons, the trend towards shorter working hours ran out of steam in the last quarter of the twentieth century. However, while leisure scholars have deserted the topic, a diverse range of activists, including environmentalists, economists and feminists, continue to make the case for reducing working hours. Whatever Happened to the Leisure Society? concludes that the on-going 'struggle for time' should be supported, for the sake of human health and well-being and for the sake of the planet. This is a valuable resource for students and academics in the fields of leisure studies, cultural studies, history, economics, sociology and political science.

Introduction to Recreation and Leisure, 3E - Tapps, Tyler 2018-02-05

Introduction to Recreation and Leisure, Third Edition, presents perspectives from 52 leading experts from around the world. It delves into foundational concepts, delivery systems, and programming services; offers an array of ancillaries; and helps students make informed career choices.

Leadership for Recreation, Parks, and Leisure Services - Christopher R. Edginton 2011

This edition probes the importance of leadership in the recreation, parks, and leisure service industry. Integrating theory with practice, the book focuses on a number of interrelated elements that influence leadership in recreation, parks, and leisure service organizations such as theoretical and foundational information, leaders within groups, and leadership within a number of recreation, parks, and leisure service settings.--[book cover]

Community Leisure and Recreation Planning - Ken Marriott 2020-11-02

Community Leisure and Recreation Planning offers an up-to-date, evidence-based approach to planning community leisure and recreation facilities, programs and services. It introduces readers to key theory and best practice in the planning of effective leisure and recreation projects. The book defines planning, leisure, recreation and other key concepts and explains why a thorough planning process is essential to achieving effective outcomes. It presents a comprehensive, integrative four phase model for undertaking leisure and recreation planning, including: pre-planning, planning research, preparing a plan, and implementing, monitoring and evaluating the outputs and outcomes of a plan. It provides a conceptual rationale for each component of the planning process, a detailed explanation of the tools and techniques that can be used, and extensive examples and international case study materials to demonstrate their use. The principles and techniques explained in the book are applicable at a range of community levels from small individual sites to regions, states and even countries. This is an essential course text for all leisure and recreation courses, and invaluable reading for academics, practitioners, stakeholders and students working in leisure and recreation planning, events, culture and sport.

Issues in Transportation Research and Application: 2013 Edition - 2013-05-01

Issues in Transportation Research and Application: 2013 Edition is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Transport Geography. The editors have

built Issues in Transportation Research and Application: 2013 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Transport Geography in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Transportation Research and Application: 2013 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Encyclopedia of Leisure and Outdoor Recreation - John Jenkins 2004-08-02

This is a key reference guide for the exploration of leisure and outdoor recreation. It reflects the multidisciplinary nature of these fields and contextualizes the leading research and knowledge on key concepts, theories and practices. Edited by leading authorities in the field, this volume includes a comprehensive index, and up-to-date suggestions for further reading. It is an essential resource for teaching, an invaluable companion to independent study, and a solid starting point for wider subject exploration.

Leisure Program Planning and Delivery - Ruth V. Russell 2008

Leisure Program Planning and Delivery provides a comprehensive three-step plan for successful programming of leisure services and operational management of program systems in recreation and leisure service organizations. Grounded in contemporary professional practice and real-world applications, the book provides a systematic plan for students to learn the essentials of successful recreation programming, with examples of a variety of activities in community, outdoor, sport, cultural arts, and tourism sectors of the field.

Holy Leisure - Troy Messenger 2000

Holy Leisure is a significant historical and contemporary exploration of how the rise of free time - and our consequent rush to the beach - went hand in hand with America's need to escape the secular world of work through leisure and religious renewal.

Managing Public Sport and Leisure Services - Leigh Robinson 2004-07-31

The public sector is the largest provider of sport and leisure facilities and the biggest employer of leisure management graduates - the last decade has seen enormous changes in this sector. In this significant new student textbook - the first to investigate leisure management in a public sector context - Leigh Robinson examines the unique issues facing public sector managers and analyzes the application of contemporary management strategies and techniques to public sector leisure. It provides thorough coverage of the work and skills required in addition to the challenges and issues facing leisure managers. This book also challenges the perceptions and negative comparisons with the private sector. Written using a clear and user-friendly style, this textbook will be core reading for students of sport, leisure and recreation management, and makes an accessible reference for practicing managers working across the spectrum of leisure provision, from sport facilities through to parks, arts and heritage.

Community Development - Erin Sharpe 2016-05-31

This book takes up a range of factors affecting the relationship between community development and recreation: planning assumptions and structures, class and racial influences on engagement processes, grassroots approaches, critical consciousness through young adult literature, questions about the relationship between community and economic development, and issues of inclusion, social justice, and community empowerment. In a world of diversity and fluidity, the challenge for leisure/recreation practitioners and scholars becomes more complex and potentially exciting if we can become comfortable with uncertainty and ambiguity. The term "community development" in a globalized and diverse world is problematic and carries with it a history of colonialism, Western expansion and hegemony, and neo-liberal agendas in addition to being situated in a changing contentious world with nation-states and minority groups struggling over control. This volume initiates a discussion about the ways leisure, sport, and tourism might conceptualize the relationship with community development. The volume builds upon existing research and programs, extends or reframes theoretical approaches, questions, and posits alternative frameworks for playing with the intersection of community development, leisure, sport and tourism. Its strength and relevance comes from the authors' willingness to seriously and playfully explore the limits, implications, and

variations of community development relevant for recreation and leisure studies as well as construct alternative spaces for leisure practices. Whether it is reconceiving planning as a "human arena" potentially facilitating how an individual comes to understand the self and communities, an exploration of how whiteness and privilege colour community development and recreation, conceiving of a compassionate pedagogy for community and recreation facilitation, or returning to young adult literature and storytelling for knowledge, this collection interweaves current theories, ethical frameworks, practices, and critiques relevant to recreation and leisure practitioners and scholars. Such a collection helps orient leisure practice and scholarship within larger international and North American currents of diversity, struggles over Indigenous rights and standing, economic and global agendas, political agendas that use leisure as power over or exclusion of others, the value of leisure beyond social and economic benefits, and the hegemonic commitment to an autonomous, self-initiating individual self. As the voices herein unfold spaces within dominant and status quo approaches in governments and academia, there are some voices yet to be heard.

Dimensions of Leisure for Life - Tyler Tapps 2021-11-02

Dimensions of Leisure for Life, Second Edition With HKPropel Access, guides students through a study of leisure from both individual and societal perspectives. The editors and contributors, all key experts in the field, use social science methods and current research to study the multidisciplinary field of leisure and its practical applications. Relevant career opportunities within the broad scope of the leisure services delivery system are also presented. The text emphasizes inclusivity and prepares students and professionals to incorporate inclusive practices into their work. Part I of Dimensions of Leisure for Life, Second Edition, examines the broad dimensions of leisure and its related industries. It looks at leisure as a social science and analyzes its societal value. Part II discusses how individual dimensions of leisure affect a person's quality of life, physical and mental health, and level of physical activity. Part III details how recreation history informs contemporary leisure studies. It uncovers the intersection of leisure and society, family life, technology, natural resources, economics, and public policy. Part IV presents the study of leisure from a consumer perspective. Awareness of local options as well as age, gender, sexual orientation, race, ethnicity, religion, and socioeconomic status; geographic distribution of leisure spaces; and stage of development all affect an individual's participation in and level of involvement in leisure activities. Throughout the text, students will consider the role that recreation and leisure play in their own lives. They are encouraged to seek out the resources that are available to them, learn to recognize and challenge the obstacles to participation, and commit to a leisure plan that will enhance personal growth. The book's full-color design contains photographs and illustrations that enhance student engagement. Learning outcomes and review questions in each chapter help students set learning goals and retain key information. Vocabulary terms allow students to identify important content.

Dimensions of Leisure for Life, Second Edition, has been updated with current research and applications within the field. The second edition features the following enhancements to help students connect theoretical concepts to practical applications they can use in their future careers: On the Job sidebars in each chapter help students better understand common issues in the recreation and leisure workforce. Self-Exploration sidebars throughout the chapters provide opportunities for students to reflect on the role of leisure in their lives. A new chapter on leisure and family life discusses the impact of leisure on family structures and how to create valuable leisure experiences for all family members. The chapter on technology has been updated to reflect the digital advancements in leisure and their effect on individual equality and privacy. New interactive activities delivered online through HKPropel include chapter overviews, research assignments, key term flash cards, and chapter quizzes that can be automatically graded to assess student comprehension. Dimensions of Leisure for Life, Second Edition, addresses the ways that leisure affects individual lives and even our larger society. The more we understand the dimensions of leisure that contribute to quality of life for us and those in our communities, the more likely we are to appreciate them. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.

Leisure Enhancement - Michael J. Leitner 2012

This 4th edition is a unique introductory textbook in that it presents intellectually challenging information in a format that enables its practical application to improve the reader's leisure and life in general. The three major goals of this book are to foster a better understanding of

personal and societal leisure behaviour; to facilitate the application of theories, concepts, and data to improve personal leisure well-being; and to broaden perspectives on leisure and enable adaptation to future changes. These three goals, if met, will lead to the attainment of the ultimate purpose of this book, which is to facilitate maximal leisure well-being.

Water-Based Tourism, Sport, Leisure, and Recreation Experiences - Gayle Jennings 2007-04-02

Written by a team of international contributors, from Australia, Europe and the USA, the text uses international case studies and examples to illustrate and highlight discussion. Contributors include: Paul Beedie, De Montfort University, UK; Kay Dimmock, Southern Cross University, Australia; Gary Easthope, University of Tasmania, Australia; Simon Hudson, University of Calgary, Canada; Gayle Jennings, Griffith University, Australia; Lilian Jonas, Jonas Consulting, USA; Les Killion, Central Queensland University, Australia; Gianna Moscardo, James Cook University, Australia; Harold Richins, Sierra Nevada College, USA; Chris Ryan, The University of Waikato, New Zealand.

Outdoor Recreation Action - United States. Bureau of Outdoor Recreation 1976

Recreation and Leisure Programming - Christopher R. Edginton 2018-03-07

In the 21st century, recreation and leisure programmers will face many social, cultural, economic, and environmental changes that affect the recreation and leisure needs, interests, and attitudes of the people they serve. These changes require recreation and leisure programmers who are highly skilled, knowledgeable, and competent in planning, organizing, implementing, and evaluating recreation and leisure programs and services, with the goal of creating high quality, high impact leisure experiences. *Recreation and Leisure Programming: A 21st Century Perspective* provides key insights into the strategies, practices, procedures, and methods for recreation and leisure programmers to employ to fulfill their responsibility successfully.

2012-2013 UNCG Graduate School Bulletin -

Kraus' Recreation and Leisure in Modern Society - Daniel McLean

2014-02-18

With a new full-color design with perforated worksheets, the Tenth Edition of Kraus' *Recreation and Leisure in Modern Society* provides a detailed introduction to the history, developments, and current trends in leisure studies. It addresses contemporary issues facing the recreation and leisure profession and focuses on challenges and opportunities that impact the profession now as well as years from now. Extensive research into emerging trends helps support the text and provide insights into the future. Focusing on the ten different types of organizations --ranging from nonprofit community organizations and armed forces recreation to sports management and travel and tourism sponsors -- this classic text is an invaluable resource for students considering a career in the recreation and leisure industry. New to the Tenth Edition: - Discusses how specific trends, such as dramatic shifts in population make-up, the impact of technology, and marketing affect leisure-service systems and the recreation and park professions. - Focus on the role of parks and recreation on the health and wellness of our communities as well as means to combat the obesity epidemic in North America. - Includes new case studies which allow students to apply knowledge of technology in leisure, identify the value and benefits of play, and recognize the changing family structures of our modern society.

Research Methods for Leisure, Recreation and Tourism, 2nd Edition - Ercan Sirakaya-Turk 2017-04-13

Describing the fundamental elements of research methods for leisure, recreation and tourism, this new edition of a popular textbook is updated throughout. It covers the measurement of variables, sampling, questionnaire design and evaluation methods, and also a wider discussion of writing proposals, communicating research findings, cross-cultural research, and the use of new technologies in conducting research. Written by internationally renowned researchers in an accessible style, this book introduces both undergraduate and graduate students to the vital skills they will need to succeed in the leisure, recreation, tourism and hospitality industries.

Leisure and Recreation Management - George Torkildsen 2005

'Leisure and Recreation Management' is essential reading for anyone interested in exploring both the theory and the practicalities of managing leisure and recreational facilities.