

Sacred Contracts Caroline Myss Pdf

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Anatomy of the Spirit - Caroline Myss
2013-09-04

Building on wisdom from Hindu, Christian, and Kaballah traditions, this comprehensive guide to energy healing reveals the hidden stresses, beliefs, and attitudes that cause illness. Anatomy of the Spirit is the boldest presentation of energy medicine to date, written by one of its premier practitioners, internationally acclaimed medical intuitive Caroline Myss, who is amongst the "hottest new voices in the alternative health/spirituality scene" (Publishers Weekly). Based on fifteen years of research into energy medicine, Dr. Myss's work shows how every illness corresponds to a pattern of emotional and psychological stresses, beliefs, and attitudes that have influenced corresponding areas of the human body. Anatomy of the Spirit also presents Dr. Myss's breakthrough model of the body's seven centers of spiritual and physical power, in which she synthesizes the ancient wisdom of three spiritual traditions-the Hindu chakras, the Christian sacraments, and the Kabbalah's Tree of Life-to demonstrate the seven stages through which everyone must pass in the search for higher consciousness and spiritual maturity. With this model, Dr. Myss shows how you can develop your own latent powers of intuition as you simultaneously cultivate your personal power and spiritual growth. By teaching you to see your body and spirit in a new way, Anatomy of the Spirit provides you with the tools for spiritual maturity and physical wholeness that will change your life.

The Creation of Health - Caroline Myss
1998-04-14

A collaboration between a traditionally trained physician and a medical intuitive, The Creation of Health illuminates the deep connection between emotional dysfunction and physical illness. It describes the role that emotional disturbances play in the most common diseases and ailments from the common cold to arthritis, diabetes, heart disease, and cancer. After providing an introduction to intuitive medicine and its history, method of diagnosis, and relationship to traditional medicine, Myss and Shealy detail the deeper emotional and psychic reasons why illness develops in the body. Dr. Shealy offers a traditional account of a particular disease or ailment, while Dr. Myss sheds light on the deeper causes through her corresponding energy analysis. Confirming the link between illness and emotion, The Creation of Health puts forth a groundbreaking vision of holistic healing.

Anatomy of the Spirit - Caroline Myss
1997-08-26

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Broken Open - Elizabeth Lesser 2008-10-30
NEW YORK TIMES BESTSELLER • This inspiring guide to healing and growth illuminates the richness and potential of every life, even in the face of loss and adversity—now updated with additional toolbox materials and a new preface by the author. In the more than twenty-five years since she co-founded Omega Institute—now the world's largest center for spiritual retreat and personal growth—Elizabeth Lesser has been an intimate witness to the ways in which people weather change and transition. In a beautifully crafted blend of moving stories, humorous insights, practical guidance, and personal memoir, she offers tools to help us make the choice we all face in times of challenge: Will we be broken down and defeated, or broken open and transformed? Lesser shares tales of ordinary people who have risen from the ashes of illness, divorce, loss of a job or a loved one—stronger, wiser, and more in touch with their purpose and passion. And she draws on the world's great spiritual and psychological traditions to support us as we too learn to break open and blossom into who we were meant to be.

Archetypes to the Rescue - Linda Marie
2005-09-01

Maintaining that archetypes are the root of

depression, this self-help manual takes Caroline Myss's work to a new laser-level in seeking out/honoring archetypes vibrating out of harmony.

Oneness - Oneness (Spirit) 2008-01-01

The Divinity we all share steps forth to spell out how we've created our nightmares, and how to shift those patterns. This glimpse into the Divine Vision gives the formula for thriving in the uncharted world at whose very edge humanity now stands.

Archetype Cards- A 78 Card Deck and Guidebook - Caroline Myss 2003-09-30

The Hope - Andrew Harvey 2010-06

Every age has its teachers, who keep the eternal truths alive for all of us, writes Marianne Williamson, the best-selling author of *The Age of Miracles*. In the case of Andrew Harvey, the light he sheds is like a meteor burst across the inner sky. In *The Hope*, Andrew Harvey offers not only a guide to discovering your divine purpose but also...

The Miracle of Water - Masaru Emoto
2010-06-22

Masaru Emoto has photographed thousands of water crystals throughout his years of research, yet few have been as beautiful and life affirming as those formed from the words "love and gratitude." In *The Miracle of Water*, Dr. Emoto demonstrates how water's unique role in transporting the natural vibration of these words can help you welcome change and live a more positive and happy life. This thoughtful book includes new and extraordinary water-crystal photographs that provide convincing reasons for all of us to choose positive words and strive for perfect resonance for a more healthy, peaceful, and happy life.

The Seat of the Soul - Gary Zukav 2007-06-19

The anniversary edition of this beloved bestseller is celebrated in Prefaces by Oprah Winfrey and Maya Angelou and contains a new Foreword by the author, website links, and a new Study Guide to help readers find even deeper meaning and fulfillment. *The Seat of the Soul* encourages you become the authority in your own life. It will change the way you see the world, interact with other people, and understand your own actions and motivations. Beginning with evolution, Gary Zukav takes you

on a penetrating exploration of the new phase humanity has entered: we are evolving from a species that understands power as the ability to manipulate and control—external power—into a species that understands power as the alignment of the personality with the soul—authentic power. Our evolution requires each of us to make the values of the soul our own: harmony, cooperation, sharing, and reverence for Life. Using his scientist's eye and philosopher's heart, Zukav shows us how to participate fully in this evolution, enlivening our everyday activities and all of our relationships with meaning and purpose. The Seat of the Soul has sold millions of copies around the globe, and as it changes lives, more and more people begin to live by the values of the spirit. Indeed, a new world is emerging, and this book brings its message to you.

The Gift of Change - Marianne Williamson
2009-03-17

Bestselling author of *Return to Love* and *Law of Divine Compensation*, Marianne Williamson shows people how to live without fear or worry in *The Gift of Change*. The time in which we now live is more difficult and stressful than people are willing to admit. We live with an abiding sense of collective anxiety. Williamson shows how we are paralyzed in our current state of fear and anger because we are not facing and dealing with the true causes of our anxieties and fears. Williamson reveals that fear and worry do not need to be the only tools in our tool box for dealing with problems in the world. As we learn to trust God and the love that surrounds us and guides us, we will see that what causes us pain is an opportunity for growth, healing, and miracles that can transform us and our world. Williamson delivers hope and healing as she illuminates ten basic changes that each of us can make as we learn to view the world through the eyes of love instead of fear.

Defy Gravity - Caroline Myss 2010-07

New York Times best-selling author Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical; it is also a mystical phenomenon that transcends reason. Inspired by ordinary people who overcame a wide array of physical and psychological ailments - from rheumatoid arthritis to cancer - Caroline dove into the works

of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment. Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern it. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly. New York Times best-selling author Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical; it is also a mystical phenomenon that transcends reason. Inspired by ordinary people who overcame a wide array of physical and psychological ailments - from rheumatoid arthritis to cancer - Caroline dove into the works of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment. Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern it. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly.

Courageous Souls - Robert Schwartz 2006-12-01
"So often, when something "bad" happens, it may appear to be meaningless suffering. But what if your most difficult experiences are

actually rich with hidden purpose--purpose that you yourself planned before you were born? Could it be that you chose your!

Higher Purpose - Robert Holden 2022-11

"How do I find my life's purpose?" In the 10-year run of Robert Holden's call-in radio show, *Shift Happens!*, his listeners asked that question more often than any other, by far. It seems everybody is looking for their purpose, and yet we all struggle to recognize it and live it. In *Higher Purpose*, Holden takes readers on an epic journey of self-discovery that includes the hero's journey with Joseph Campbell, Carl Jung's work on true vocation, Victor Frankl's search for meaning, a pilgrimage with St. Francis of Assisi, the poetry of Wordsworth and Rilke, and much more. The journey has four stages- "The Call" explores "the calling" inside you to live a more meaningful life. "The Path" helps you to realize what inspires you, what brings you alive, to follow your joy, and to do more of what you love. "The Ordeal" tackles the inner blocks, the road of trials, and challenges you must overcome to live your higher purpose. "The Victory" encourages you to not betray yourself, to "sing your whole song," and to keep on saying YES to your soul's high adventure. In *Higher Purpose*, Holden explores three distinct levels of purpose- your unique purpose, a shared purpose, and the greater purpose of life. He offers inquiries, meditations, and journaling exercises to help you live your purpose every day. And he shares stories from his own life and conversations with a host of remarkable people- Maya Angelou, Louise Hay, Jean Houston, Matthew Fox, Robert Thurman, Caroline Myss, Andrew Harvey, Wayne Dyer, Oprah Winfrey, and more.

Messages from Water and the Universe - Masaru Emoto 2010-07-01

Masaru Emoto's 15 extensive years of study on water has given him the background to discuss what water is, how it has been implicated in the creation of the universe, and why a perfect ratio of Love and Gratitude can help this energy can go on infinitely. This fascinating book explains how our prayers, goodwill, and positive words heal us humans—as well as viruses and the universe as a whole—through water. Dr. Emoto explains that the fact that water has lost its true form shows that our way of living has moved away from God's will, so we should be aware of

our Creator's alert to "correct the way we are living now." The information in this work is an important step in revealing how we can modify our way of living to bring about true peace on earth.

Living in the Light - Shakti Gawain 2008-11-14

The Sacred History - Jonathan Black 2014-09-04

'The Sacred History' is an account of the workings of the supernatural in history. It tells the epic story of angels from creation to evolution, through to the operations of the supernatural in the modern world.

Archetypes - Caroline M. Myss 2013-01-08

Have you ever wondered why you are drawn to certain people, ideas or products and turned off by others? Are you constantly searching for something you can't put your finger on, or wondering whether you are living a life that truly fits? In *Archetypes*, New York Times bestselling author Caroline Myss delves into the world of archetypes, which have been the subject of her work for more than 25 years. Archetypes are universal patterns of behavior that, once discovered, help you better understand yourself and your place in the world. In short, knowing your archetypes can transform your life. Within the pages of this book, Myss writes about ten primary archetypes that have emerged in today's society: the Caregiver, the Artist/Creative, the Fashionista, the Intellectual, the Rebel, the Queen/Executive, the Advocate, the Visionary, the Athlete, and the Spiritual Seeker. In each chapter, she explains one individual archetype, showing how it has evolved and then in fascinating detail lays out the unique characteristics, the defining graces, the life challenges, and other information to help you understand if you are part of this archetype family and if so, how you can fully tap into its power. She also offers tips and practical advice on how to fully engage with your archetypes. Learning which archetypes best describe you is just the beginning. You can then use this knowledge to make more conscious decisions about everything from careers to relationships, avoiding common pitfalls of your personality type while playing up your strengths. The result is a happier, more authentic you. It's never too late to change your life by embracing your

archetypes to the fullest. So are you a Rebel? An Artist? A Visionary? Join us . . . and find yourself.

Invisible Acts of Power - Caroline Myss

2013-07-09

For more than two decades, internationally renowned pioneer in energy medicine Caroline Myss has been studying how people use their personal power. Through her special brand of spiritual insight and intuition, her popular workshops, and her bestselling books, Myss has helped hundreds of thousands of people meet the lifelong challenge of managing their spiritual energy and improving their lives. Now, in this inspiring new book, Myss expands her message about power in an entirely new spiritual direction. With characteristic originality, she explains how we become channels for divine grace and a conduit for miracles through kind, compassionate, generous actions, or, as she calls them, invisible acts of power. When we act compassionately, without a private agenda or expectation of credit or reward, God works invisibly, anonymously through us. And as we move from visible acts, such as giving a friend a helping hand, to invisible acts, such as prayer and healing, we undergo a profound journey of personal empowerment. The myriad simple but profound ways that people connect to create small miracles, gain a greater sense of spirituality, and transform their own -- and others' -- lives in an instant will inspire you to your own invisible acts of power...and attract them to you.

Caroline Myss's Journal of Inner Dialogue -

Caroline Myss 2003

In her books and workshops, Myss urges her followers to look deep inside themselves by answering self-exploration questions. This journal offers users the perfect tool with which to keep track of the answers to those questions.

[Why People Don't Heal and How They Can](#) -

Caroline Myss 2013-09-04

A bold account of the development of human consciousness and spirituality over the ages and an examination of the dynamic global transformation of attitudes about healing. For more than fifteen years, Caroline Myss has studied why some people heal, while others do not. In her previous book, *Anatomy of the Spirit*, Dr. Myss illuminated the hidden interactions of belief and body, soul and cell to show how, as

she inimitably puts it, "your biography becomes your biology." In *Why People Don't Heal and How They Can*, she builds on her earlier teachings of the seven different energy centers of the body to provide a vital self-healing program for physical and spiritual disorders. With her characteristic no-nonsense style and high-voltage storytelling, she exposes and explodes the five myths about healing, explains the cultural and individual contexts in which people become physically and spiritually ill and invested in "woundology," and teaches new methods of working with the challenges that the seven energy centers embody. To help you get and stay on the path to wellness, Dr. Myss provides rituals and prayers for gaining a symbolic perspective on your life issues; for bolstering your personal power; and for connecting with a universal divine energy. Dr. Myss's breakthrough views on energy medicine and her active approach to healing life issues and physical illness will help you overcome the mental blocks that keep you from becoming well. [The Pleiadian Tantric Workbook](#) - Amora Quan Yin 1997-11-01

The Pleiadian Tantric Workbook assists you with healing relationships. This sequel to *The Pleiadian Workbook* teaches advanced cellular clearing to heal the male/female split, and, with specific exercises and techniques practical for everyday life, shows you how to activate and clear kundalini and sexual channels through tantra.

Ask Your Angels - Alma Daniel 2011-06-22

Angels have been with us in every time and culture, and in many religious traditions. *Ask Your Angels* vividly chronicles how they are currently reaching out to every one of us in a totally new way, bridging our physical reality with their pure spiritual energy. From historical writings and widespread contemporary experience that includes their own workshops, the authors show us how we can draw on the power of angels to reconnect with our lost inner selves and to achieve our goals, whether they be better relationships, healing an illness, or recovery from addiction. To align with the angelic energy field, you will use five simple steps, as well as exercises, meditations, and visualizations, to learn how to talk with your angels—in your mind, in letters, in dreams, on a

computer—and ask their guidance in matters from the inspired to the mundane. From Gabriel, Michael, Raphael, and Uriel to the angels of birth and death, from the Earth Angel to the guardian or companion angel who is your personal teacher, comforter, and intimate friend, this guide will introduce you to humor, wisdom, and companionship that come from contact with angels, for they are a doorway to the Divine within us.

Metaphors in Mind - James Lawley 2000

Describing how to give individuals an opportunity to discover how their symbolic perceptions are organized, what needs to happen for these to change, and how they can develop as a result, this text includes three client transcripts.

Entering the Castle - Caroline Myss 2007-03-06

Internationally renowned motivational teacher, spiritual instructor, and popular theologian Caroline Myss has created a transcendent work of unique insight and revelation in *Entering the Castle*. This exciting new teaching of contemporary mysticism is also a brilliant synthesis of the psychology of consciousness and of Eastern and Western mystical traditions. Myss provides a highly original inner path to self-knowledge -- which is also the road into a spiritual knowledge of God and your own soul -- as she reveals a necessary external path, one that takes you out into the world to serve God and others as a mystic without a monastery -- without having to retreat into total silence, self-denial, or isolation. As her main template for this extraordinary, modern spiritual journey, Myss uses the beloved, revered writings of *The Interior Castle* by Teresa of Ávila. Adapting Teresa's vision of the soul as a beautiful crystal castle with many floors, or mansions, and many rooms within those mansions, Myss guides us from room to room, helping us meet different aspects of our self, our soul, and our spirit -- preparing us for the ultimate encounter with God and our own divinity. Through intense practices and methods of spiritual inquiry adapted for contemporary life, she helps us to develop our personal powers of prayer, contemplation, and intuition and to ascend the seven levels of soul knowledge that build an ever stronger interior castle of our own -- a soul of strength and stamina. As in all her books, Myss

also recounts stories of profoundly moving real-life experiences -- of her own, as well as of her students and of renowned spiritual figures -- that bring home the universal truth of her insights. Presiding over the entire book and journey are the great mystics, ancient and contemporary, of Christianity, Judaism, Islam, and Hinduism with their inspiring lives and discerning spirits. And over all, the benevolence, truth, and gentle and tough love of Teresa of Ávila shine through. Doubtless Myss's most deeply personal, revealing, compassionate, and transforming book yet, *Entering the Castle* is a comprehensive guidebook for the journey of your life -- a journey into the center of your soul. There, peace, God, and a fearless bliss wait for you to discover them...and claim them for your own.

Life After Death - Deepak Chopra, M.D.

2008-09-16

What happens to the spirit after the body dies? In *Life After Death*, Deepak Chopra draws on cutting-edge scientific discoveries and the great wisdom traditions to provide a map of the afterlife. He tells us there is abundant evidence that "the world beyond" is not separated from this world by an impassable wall; in fact, a single reality embraces all worlds, all times and places. "A must-read for everyone who will die." —Candace B. Pert, Ph.D., author of *Molecules of Emotion* "A penetrating and insightful investigation into the greatest mystery of existence. This is an important book because only by facing death will we come to a deeper realization of who we are." —Eckhart Tolle, author of *A New Earth* and *The Power of Now* "If I had any doubts about the afterlife, I don't have them anymore. Deepak Chopra has cast his inimitable light on the darkened corners of death. I think this is his greatest contribution yet." —Marianne Williamson, author of *The Age of Miracles* and *The Gift of Change*
Self-Esteem - Augsburg Publishing 1994-03-01

The Creation of Health - Caroline Myss

2009-09-23

A collaboration between a traditionally trained physician and a medical intuitive, *The Creation of Health* illuminates the deep connection between emotional dysfunction and physical illness. It describes the role that emotional disturbances play in the most common diseases

and ailments from the common cold to arthritis, diabetes, heart disease, and cancer. After providing an introduction to intuitive medicine and its history, method of diagnosis, and relationship to traditional medicine, Myss and Shealy detail the deeper emotional and psychic reasons why illness develops in the body. Dr. Shealy offers a traditional account of a particular disease or ailment, while Dr. Myss sheds light on the deeper causes through her corresponding energy analysis. Confirming the link between illness and emotion, *The Creation of Health* puts forth a groundbreaking vision of holistic healing.

The Pleiadian Workbook - Amarah Quan Yin
1995-12-01

The Pleiadian Workbook is a direct transmission from the Pleiadian Emissaries of Light--Light beings from the Pleiades--who say it's time now for spiritual growth, ascension, and healing. Through Amarah Quan Yin, we are taught to open our "Ka Channels," which pull energy from our multidimensional, holographic selves into our physical bodies. These galactic healing techniques align us with our divine selves, raise our vibratory rates, and rejuvenate and balance our bodies, while accelerating spiritual evolution and stimulating emotional healing.

Tarot and the Archetypal Journey - Sallie Nichols
2019-05-01

This highly innovative work presents a piercing interpretation of the tarot in terms of Jungian psychology. Through analogies to the humanities, mythology, and the graphic arts, the significance of the cards is related to personal growth and what Jung termed "individuation." The Major Arcana becomes a map of life, and the hero's journey becomes something that each individual can relate to one's personal life. "Sallie Nichols, in her profound investigation of the Tarot has performed an immense service. Her book enriches and helps us to understand the awesome responsibilities laid upon consciousness. She has done this not in an arid fashion but derived from her own experience of the Tarot and its strangely translucent lights. As a result her book not only lives but quickens life in whomever it touches." --Laurens van der Post

The Art of Healing - Bernie S. Siegel
2013-09-15

In 1979, Dr. Bernie S. Siegel, a successful

surgeon, took a class from Elisabeth Kübler-Ross that focused on crayon drawing for healing, especially with patients facing life-threatening disease. Siegel incorporated into his practice these techniques — many of which were laughed at by others in the medical community. But his Exceptional Cancer Patients "carefrontation" protocol facilitated healings, often deemed miraculous, and attracted attention. "Dr. Bernie" discovered and shared the fact that while patients might need antibiotics, surgery, radiation, and chemotherapy, their bodies also want to heal. He found that this innate propensity could be aided by unconventional practices, including drawing. Why? Drawing produces symbols often representing the subconscious. Siegel shows how to interpret drawings to help with everything from understanding why we are sick to making treatment decisions and communicating with loved ones. All those facing ill health, and those caring for them, personally and professionally, will welcome the hands-on, patient-proven practices offered here.

The Healing Power of Water - Masaru Emoto
2008-09-01

This book will transform your world view. Dr. Masaru Emoto's first book, *The Hidden Message in Water*, told about his discovery that crystals formed in frozen water revealed changes when specific, concentrated thoughts were directed toward them. He also found that water from clear springs and water that has been exposed to loving words showed brilliant, complex and colourful snowflake patterns. In contrast, polluted water, or water exposed to negative thoughts formed incomplete, asymmetrical patterns with dull colors. *The Healing Power of Water* includes contributions from leading scientists such as William A. Tiller, who was featured in the film *What the Bleep Do We Know!?*; and from spiritual teachers such as Doreen Virtue, Starhawk, William Bloom, and Sig Lonegren.

Why People Don't Heal and How They Can -
Caroline Myss 1998-09-23

A bold account of the development of human consciousness and spirituality over the ages and an examination of the dynamic global transformation of attitudes about healing. For more than fifteen years, Caroline Myss has studied why some people heal, while others do

not. In her previous book, *Anatomy of the Spirit*, Dr. Myss illuminated the hidden interactions of belief and body, soul and cell to show how, as she inimitably puts it, "your biography becomes your biology." In *Why People Don't Heal and How They Can*, she builds on her earlier teachings of the seven different energy centers of the body to provide a vital self-healing program for physical and spiritual disorders. With her characteristic no-nonsense style and high-voltage storytelling, she exposes and explodes the five myths about healing, explains the cultural and individual contexts in which people become physically and spiritually ill and invested in "woundology," and teaches new methods of working with the challenges that the seven energy centers embody. To help you get and stay on the path to wellness, Dr. Myss provides rituals and prayers for gaining a symbolic perspective on your life issues; for bolstering your personal power; and for connecting with a universal divine energy. Dr. Myss's breakthrough views on energy medicine and her active approach to healing life issues and physical illness will help you overcome the mental blocks that keep you from becoming well.

Defy Gravity - Caroline Myss 2011-01-15

New York Times best-selling author Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical; it is also a mystical phenomenon that transcends reason. Inspired by ordinary people who overcame a wide array of physical and psychological ailments—from rheumatoid arthritis to cancer—Caroline dove into the works of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment. Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern it. This knowledge holds the key to understanding what it means to

defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly.

7 Personality Types - Elizabeth Puttick

2009-08-15

"The seven archetypes of Artisan, Sage, Server, Priest, Warrior, King, and Scholar have always existed in every society; and everyone belongs to one of these groups. Thousands of people around the world have used this system ... to discover their true nature and to find fulfillment"--Page 4 of cover

Four Eternal Women - Mary Dian Molton 2011

Toni Wolff was at first the patient, and later the friend, mistress for a time, long-term colleague and personal analyst of Swiss Psychiatrist Carl Jung. In addition to her work as the founder, leader and teacher for the Psychological Society in Zurich which led to the establishment of the world-renowned C.G. Jung Institute in Zurich/Knacht, she published a seminal but little known work called "Structural Forms of the Feminine Psyche" ("Der Psychologie," Berne, 1951). This treatise, certainly one of the first studies in Analytical Psychology, has been the subject of the authors' investigation, attention, research and study for the past twelve years. Toni Wolff's original outline of her four archetypes barely filled fifteen pages of the journal, and was written in the academic style of professional publications of that period, sans illustration or commentary. While Wolff's work has been mentioned in short form in the work of several writers, *Four Eternal Women* is the first full and serious archetypal delineation of her original thesis, and examines each of her four feminine archetypes from several perspectives: Wolff's Own Words; An Overview of History and Myth; Familiar Characteristics; Lesser-Known (Shadow) Possibilities; Career Inclinations; Relationships to Men; Relationships to Children; Relationships to Each of the Other Types; The tension of the opposites set up by Wolff's own diagrammatic representation of these archetypes provided an additional dynamic to this study. Those who have followed Jung's individuation path will recognize aspects of Jung's 'Transcendent Function.' All readers may well become personally sensitized to discover their own type preferences, and how some

aspects of shadow may be present in their 'opposite' partner.

Four Archetypes - C. G. Jung 2010-11-14
Reprint. Originally published: 1959; 1st Princeton/Bollingen pbk. ed. published: 1970.
Sacred Contracts - Caroline Myss 2013-09-04
Caroline Myss, author of the New York Times bestsellers *Anatomy of the Spirit* and *Why People Don't Heal and How They Can*, presents an exciting, highly original program in this long-awaited book. Based on her internationally popular workshop of the same name, *Sacred Contracts* is a brilliant synthesis of psychology, healing guidance, and spiritual insight. As a medical intuitive, Myss has found that people often don't understand their purpose in life, which has led to a spiritual malaise of epidemic proportions. This metaphysical disease in turn leads to depression, anxiety, fatigue, and eventually physical illness. But our purpose—our individual Sacred Contract—is often difficult to apprehend. For this reason, Myss developed an enjoyable and ingenious process for deciphering your own Contract using a new theory of archetypes that builds on the works of Jung, Plato, and contemporary thinkers. She first recounts how the concept of Sacred Contracts took form in myths and other cultural traditions through the ages. She then examines the lives of the spiritual masters and prophets—Abraham, Jesus, the Buddha, and Muhammad—whose archetypal journeys illustrate the four stages of a Sacred Contract and provide clues for discovering your own. With her signature motivational style and stories, Myss explains how you can identify your particular spiritual energies, or archetypes—the gatekeepers of your higher purpose—and use them to help you find out what you are here on earth to learn and whom you are meant to meet. In coming to know your archetypal companions, you also begin to see how to live your life in ways that make the best use of your personal power and lead you to fulfill your greatest—in fact, your divine—potential. In this process, you learn how to see your life—and the lives of others—symbolically, allowing you to manage your personal power without getting caught up in emotional drama. You will also learn how to fulfill your Sacred Contract: what you and only

you are here on earth to do. Finally, Myss offers specific guidance for locating your physical and emotional vulnerabilities and healing any susceptible areas. Both visionary and practical, *Sacred Contracts* is a completely unique process of self-discovery and spiritual archaeology and a bold, powerful work of spiritual wisdom.

Invisible Acts of Power - Caroline Myss
2006-01-09

A spiritual guide by the author of *Anatomy of the Spirit* offers counsel on how to create personal energy and power in everyday life, discussing how to act as a channel for divine grace and commit non-random acts of kindness in order to promote one's spiritual and intuitive development. Reprint. 50,000 first printing.

Intimate Conversations with the Divine -
Caroline Myss 2021-11-09

Now in paperback, from the New York Times best-selling author of *Sacred Contracts* and *Anatomy of the Spirit*, a timely guide with 100 prayers for entering into a personal relationship with the Divine. "I've loved so many of Caroline Myss's books, but maybe none so much as *Intimate Conversations with the Divine*. Has there ever been a more urgent need for her unique and profound (and sometimes wonderfully cranky) take on our spiritual reality, healing, and the language of holiness?" -- Anne Lamott, author of *Traveling Mercies* and *Help, Thanks, Wow* In her most personal book to date--now available in paperback for the first time--beloved teacher and best-selling author Caroline Myss draws on her own practice to help us regain our fluency in the language of prayer and renew our connection to the sacred. *Intimate Conversations with the Divine* offers 100 of Myss's personal prayers as a resource and inspiration to start a prayer practice of your own. Each prayer illustrates a different type of grace that feeds the human soul, from awakening, endurance, and healing, to silence, surrender, and trust. "We are one holy system of life and great cosmic truth, which is that all life--including all of us--breathes together," Myss writes. "I hope this book, these prayers, will bring you comfort and grace, and help you through the difficult times ahead. And I hope they will inspire you to believe that with God, all things are possible."